

Cross Country

Program



MON 18 FEB	h 10:00 - 16:30 h 18:00	Training Team Info Meeting
TUE 19 FEB	h 10:00 - 16:30 h 17:30	Official training L+M Team Captains Meeting
WED 20 FEB	h 9:45 - 10:35 h 10:45 - 11:35 h 11:45 - 12:35 h 12:45 - 13:35 h 15:00 - 16:30 h 17:30	Official Training L Qual. Race Ladies 5km F Official Training M Qual. Race Men 10km F Official training L+M Team Captains Meeting
THU 21 FEB	h 9:45 - 10:35 h 10:45 - 11:35 h 12:45 - 14:00	Official training L+M L + M Sprint C (Qualification) L + M Sprint C (Final)
FRI 22 FEB	h 9:00 - 12:00 h 17:30	Official Training L+M Team Captains Meeting
SAT 23 FEB	h 11:15 - 12:30 h 12:45 - 13:40 h 13:45 - 14:05 h 14:15 - 15:45 h 17:30	Official Training L Ladies Skiathlon 7.5km C + 7.5 F Official Training M Men Skiathlon 15km C + 15 F Team Captains Meeting
SUN 24 FEB	h 9:00 - 9:45 h 10:00 - 10:50 h 11:00 - 11:45 h 12:00 - 13:00	Official Training L+M L + M Team Sprint F (Qualification) Official Training L+M L + M Team Sprint F (Final)
MON 25 FEB	h 10:00 - 16:30 h 17.30	Official Training L+M Team Captains Meeting
TUE 26 FEB	h 10:30 - 12:15 h 12:45 - 14:00 h 14:30 - 16:30 h 17:30	Official Training L Interval Start Ladies 10km F Official Training L+M Team Captains Meeting
WED 27 FEB	h 11:00 - 12:35 h 12:45 - 14:15 h 15:00 - 16:30 h 17:30	Official Training Men Interval Start Men 15km F Official Training L+M Team Captains Meeting
THU 28 FEB	h 10:45 - 12:30 h 12:45 - 13:45 h 16:00 - 17:00 h 17:30	Official Training L Ladies Relay 4x5km C+F Official Training L+M Team Captains Meeting
FRI 1 MAR	h 11:30 - 13:15 h 13:30 - 15:15 h 15:00 - 17:00 h 17:30	Official Training M Men Relay 4x10km C+F Official Training L+M Team Captains Meeting
SAT 2 MAR	h 10:15 - 12:00 h 12:15 - 13:45 h 16:00 - 17:00 h 17:30	Official Training L Ladies 30km C Mass Start Official Training M Team Captains Meeting
SUN 3 MAR	h 11:00 - 12:15 h 12:30 - 14:45	Official Training M Men 50km C Mass Start
<i>Follows</i>		Closing Ceremony

TRENTINO | 2013
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FIS NORDIC WORLD SKI CHAMPIONSHIPS
20.02 - 03.03

Presented by

VIESSMANN